

心身統一合氣道

ASSOCIAZIONE TICINESE KI AIKIDO BALERNA

AIKIDO SEMINAR

February, 24th - 25th, 2018

with

Shihan Maurizio Volpe, 7° Dan

Shihan Gianni Gioconto, 8° Dan

CH – Balerna, palestra comunale, Via San Gottardo 90a
(written permission for private parking available in the dojo)

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|----------|------------------|---------------|----------------|
| Saturday | 24 th | 15.00 - 19.00 | Aikido for all |
| Sunday | 25 th | 9.00 - 12.00 | Aikido for all |

PARTICIPATION FEES

| | | |
|------------------|-------------|---------------|
| Complete seminar | adults € 25 | students € 15 |
| Only saturday | adults € 15 | students € 10 |
| Only sunday | adults € 10 | students € 5 |

Please reserve for meals before February 20th

pizza-dinner at Saturday in the dojo (offered by Aikido Balerna)

lunch at Sunday at Osteria La Montanara, Monte (Valle di Muggio)

tarte flambée, roast veal with side dishes (drinks extra) CHF 35/€ 30, payment in cash only

Facebook: Osteria La Montanara, Monte

Informations and reservations segreteria@aikido-balerna.ch tel 0041 (0)79 5615937



www.aikido-balerna.ch



www.kiaikido.ch